

Mentor's Moment

<u>Today's Topic</u>: A PIP Sandwich

Three quick thoughts about PIP during a Toastmasters Meeting/Session:

1. Purpose

- Ever had a Pip Sandwich?
 - o Take two slices of marbled rye bread
 - o Now layer freshly grilled vegetables with two slices of provolone
 - o Voila! You have a Pip Sandwich: Yum!
- As Toastmasters, we can and should serve PIP Sandwiches

2. Best Practices

- When we give feedback to a speaker, let's begin with Praise
 - Highlight something positive about what was said
- Then offer an idea for Improvement
 - o Frame it in an appealing fashion
- End with Praise
 - o Highlight another aspect of the speech that was positive

3. Business Application

- Everything we do in Toastmasters has a direct application to the business world
- This includes Praise
- As leaders, we need to celebrate any and all accomplishments of those we lead, those we serve, and those we love
- One way to do this is to serve PIP Sandwiches!
- Begin with Praise when providing feedback, followed by an idea for Improvement, and ended with Praise
- Let's add PIP Sandwiches to our Menus as Leaders and Toastmasters

